

NDA 20-659/S-023
NDA 20-945/S-004

MAY 8 2000

Abbott Laboratories
Attention: Rebecca A. Welch
Associate Director
100 Abbott Park Road
D-491, AP6B-1SW
Abbott Park, Illinois 60064-6 108

Dear Ms. Welch:

Please refer to your March 30, 2000, Changes Being Effected Supplement: Final Printed Labeling for Norvir® (ritonavir oral solution) 80 mg/mL and Norvir® (ritonavir capsules) soft gelatin 100 mg submitted under section 505(b) of the Federal Food, Drug, and Cosmetic Act.

In addition, please refer to our letter dated February 9, 2000 requesting that these revisions be made to the Package Insert and Patient Package Insert.

These supplemental new drug applications provide for revisions to the **WARNINGS** section, **PRECAUTIONS:** Information for Patients section, and the Patient Package Insert to include the St. John's wort and protease inhibitor drug interaction data.

We have completed our review of these supplemental applications and have concluded that these changes are acceptable. Accordingly, these supplemental applications are approved effective on the date of this letter.

We remind you that you must comply with the requirements for an approved NDA set forth under 21 CFR 314.80 and 314.81.

If you have any questions, please contact Sylvia Lynche, Pharm.D., Regulatory Management Officer, at (301) 827-2335.

Sincerely,

Heidi M. Jolson, M.D., M.P.H.
Director
Division of Antiviral Drug Products
Office of Drug Evaluation IV

NORVIR®

(ritonavir capsules) Soft Gelatin

(ritonavir oral solution)

Rx only

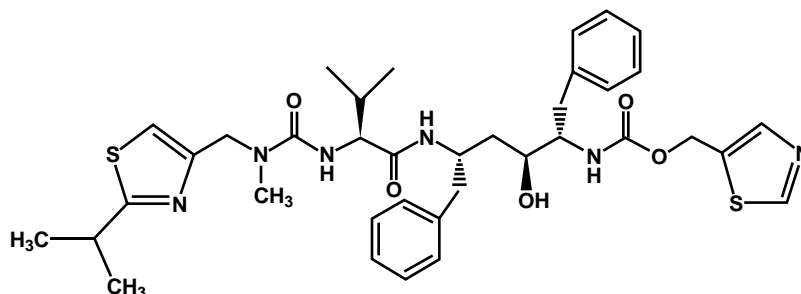
WARNING

CO-ADMINISTRATION OF NORVIR WITH CERTAIN NONSEDATING ANTIHISTAMINES, SEDATIVE HYPNOTICS, ANTIARRHYTHMICS, OR ERGOT ALKALOID PREPARATIONS MAY RESULT IN POTENTIALLY SERIOUS AND/OR LIFE-THREATENING ADVERSE EVENTS DUE TO POSSIBLE EFFECTS OF NORVIR ON THE HEPATIC METABOLISM OF CERTAIN DRUGS. SEE **CONTRAINDICATIONS** AND **PRECAUTIONS** SECTIONS.

DESCRIPTION

NORVIR (ritonavir) is an inhibitor of HIV protease with activity against the Human Immunodeficiency Virus (HIV).

Ritonavir is chemically designated as 10-Hydroxy-2-methyl-5-(1-methylethyl)-1-[2-(1-methylethyl)-4-thiazolyl]-3,6-dioxo-8,11-bis(phenylmethyl)-2,4,7,12-tetraazatridecan-13-oic acid, 5-thiazolylmethyl ester, [5S-(5R*,8R*,10R*,11R*)]. Its molecular formula is $C_{37}H_{48}N_6O_5S_2$, and its molecular weight is 720.95. Ritonavir has the following structural formula:



Ritonavir is a white-to-light-tan powder. Ritonavir has a bitter metallic taste. It is freely soluble in methanol and ethanol, soluble in isopropanol and practically insoluble in water.

NORVIR soft gelatin capsules are available for oral administration in a strength of 100 mg ritonavir with the following inactive ingredients: Butylated hydroxytoluene, ethanol, gelatin, iron oxide, oleic acid, polyoxyl 35 castor oil, and titanium dioxide.

NORVIR oral solution is available for oral administration as 80 mg/mL of ritonavir in a peppermint and caramel flavored vehicle. Each 8-ounce bottle contains 19.2 grams of ritonavir. NORVIR oral solution also contains ethanol, water, polyoxyl 35 castor oil, propylene glycol, anhydrous citric acid to adjust pH, saccharin sodium, peppermint oil, creamy caramel flavoring, and FD&C Yellow No. 6.

CLINICAL PHARMACOLOGY

Microbiology

Mechanism of action: Ritonavir is a peptidomimetic inhibitor of both the HIV-1 and HIV-2 proteases. Inhibition of HIV protease renders the enzyme incapable of processing the *gag-pol* polyprotein precursor which leads to production of non-infectious immature HIV particles.

Antiviral activity *in vitro*: The activity of ritonavir was assessed *in vitro* in acutely infected lymphoblastoid cell lines and in peripheral blood lymphocytes. The concentration of drug that inhibits 50% (EC_{50}) of viral replication ranged from 3.8 to 153 nM depending upon the HIV-1 isolate and the cells employed. The average EC_{50} for low passage clinical isolates was 22 nM (n=13). In MT₄ cells, ritonavir demonstrated additive effects against HIV-1 in combination with either zidovudine (ZDV) or didanosine (ddI). Studies which measured cytotoxicity of ritonavir on several cell lines showed that >20 μ M was required to inhibit cellular growth by 50% resulting in an *in vitro* therapeutic index of at least 1000.

Resistance: HIV-1 isolates with reduced susceptibility to ritonavir have been selected *in vitro*. Genotypic analysis of these isolates showed mutations in the HIV protease gene at amino acid positions 84 (Ile to Val), 82 (Val to Phe), 71 (Ala to Val), and 46 (Met to Ile). Phenotypic (n=18) and genotypic (n=44) changes in HIV isolates from selected patients treated with ritonavir were monitored in phase I/II trials over a period of 3 to 32 weeks. Mutations associated with the HIV viral protease in isolates obtained from 41 patients appeared to occur in a stepwise and ordered fashion; in sequence, these mutations were position 82 (Val to Ala/Phe), 54 (Ile to Val), 71 (Ala to Val/Thr), and 36 (Ile to Leu), followed by combinations of mutations at an additional 5 specific amino acid positions. Of 18 patients for which both phenotypic and genotypic analysis were performed on free virus isolated from plasma, 12 showed reduced susceptibility to ritonavir *in vitro*. All 18 patients possessed one or more mutations in the viral protease gene. The 82 mutation appeared to be necessary but not sufficient to confer phenotypic resistance. Phenotypic resistance was defined as a ≥ 5 -fold decrease in viral sensitivity *in vitro* from baseline. The clinical relevance of phenotypic and genotypic changes associated with ritonavir therapy has not been established.

Cross-resistance to other antiretrovirals: Among protease inhibitors variable cross-resistance has been recognized. Serial HIV isolates obtained from six patients during ritonavir therapy showed a decrease in ritonavir susceptibility *in vitro* but did not demonstrate a concordant decrease in susceptibility to saquinavir *in vitro* when compared to matched baseline isolates. However, isolates from two of these patients demonstrated decreased susceptibility to indinavir *in vitro* (8-fold). Isolates from 5 patients were also tested for cross-resistance to amprenavir and nelfinavir; isolates from 2 patients had a decrease in susceptibility to nelfinavir (12- to 14-fold), and none to amprenavir. Cross-resistance between ritonavir and reverse transcriptase inhibitors is unlikely because of the different enzyme targets involved. One ZDV-resistant HIV isolate tested *in vitro* retained full susceptibility to ritonavir.

Pharmacokinetics

The pharmacokinetics of ritonavir have been studied in healthy volunteers and HIV-infected patients ($CD_4 \geq 50$ cells/ μ L). See Table 1 for ritonavir pharmacokinetic characteristics.

The absolute bioavailability of ritonavir has not been determined. After a 600 mg dose of oral solution, peak concentrations of ritonavir were achieved approximately 2 hours and 4 hours after dosing under fasting and non-fasting (514 KCal; 9% fat, 12% protein, and 79% carbohydrate) conditions, respectively. When the oral solution was given under non-fasting conditions, peak ritonavir concentrations decreased 23% and the extent of absorption decreased 7% relative to fasting conditions. Dilution of the oral solution, within one hour of administration, with 240 mL of chocolate milk, Advera® or Ensure® did not significantly affect the extent and rate of ritonavir absorption. After a single 600 mg dose under non-fasting conditions, in two separate studies, the soft gelatin capsule (n=57) and oral solution (n=18) formulations yielded mean \pm SD areas under the plasma concentration-time curve (AUCs) of 121.7 ± 53.8 and 129.0 ± 39.3 μ g•h/mL, respectively. Relative to fasting conditions, the extent of absorption of ritonavir from the soft gelatin capsule formulation was 13% higher when administered with a meal (615 KCal; 14.5% fat, 9% protein, and 76% carbohydrate).

Nearly all of the plasma radioactivity after a single oral 600 mg dose of ¹⁴C-ritonavir oral solution (n=5) was attributed to unchanged ritonavir. Five ritonavir metabolites have been identified in human urine and feces. The isopropylthiazole oxidation metabolite (M-2) is the major metabolite and has antiviral activity similar to that of parent drug; however, the concentrations of this metabolite in plasma are low. *In vitro* studies utilizing human liver microsomes have demonstrated that cytochrome P450 3A (CYP3A) is the major isoform involved in ritonavir metabolism, although CYP2D6 also contributes to the formation of M-2.

In a study of five subjects receiving a 600 mg dose of ¹⁴C-ritonavir oral solution, $11.3 \pm 2.8\%$ of the dose was excreted into the urine, with $3.5 \pm 1.8\%$ of the dose excreted as unchanged parent drug. In that study, $86.4 \pm 2.9\%$ of the dose was excreted in the feces with $33.8 \pm 10.8\%$ of the dose excreted as unchanged parent drug. Upon multiple dosing, ritonavir accumulation is less than predicted from a single dose possibly due to a time and dose-related increase in clearance.

Table 1
Ritonavir Pharmacokinetic Characteristics

Parameter	n	Values (Mean ± SD)
C _{max} SS [†]	10	11.2 ± 3.6 µg/mL
C _{trough} SS [†]	10	3.7 ± 2.6 µg/mL
V _B /F [‡]	91	0.41 ± 0.25 L/kg
t _{1/2}		3 - 5 h
CL/F SS [†]	10	8.8 ± 3.2 L/h
CL/F [‡]	91	4.6 ± 1.6 L/h
CL _R	62	<0.1 L/h
RBC/Plasma Ratio		0.14
Percent Bound*		98 to 99%

[†] SS = steady state; patients taking ritonavir 600 mg q12h.

[‡] Single ritonavir 600 mg dose.

* Primarily bound to human serum albumin and alpha-1 acid glycoprotein over the ritonavir concentration range of 0.01 to 30 µg/mL.

The pharmacokinetic profile of ritonavir in pediatric patients below the age of 2 years has not been established. Steady-state pharmacokinetics were evaluated in 37 HIV-infected patients ages 2 to 14 years receiving doses ranging from 250 mg/m² b.i.d. to 400 mg/m² b.i.d. Across dose groups, ritonavir steady-state oral clearance (CL/F/m²) was approximately 1.5 times faster in pediatric patients than in adult subjects. Ritonavir concentrations obtained after 350 to 400 mg/m² twice daily in pediatric patients were comparable to those obtained in adults receiving 600 mg (approximately 330 mg/m²) twice daily.

Special Populations:

Gender, Race and Age: No age-related pharmacokinetic differences have been observed in adult patients (18 to 63 years). Ritonavir pharmacokinetics have not been studied in older patients. A study of ritonavir pharmacokinetics in healthy males and females showed no statistically significant differences in the pharmacokinetics of ritonavir. Pharmacokinetic differences due to race have not been identified.

Renal Insufficiency: Ritonavir pharmacokinetics have not been studied in patients with renal insufficiency; however, since renal clearance is negligible, a decrease in total body clearance is not expected in patients with renal insufficiency.

Hepatic Insufficiency: Ritonavir pharmacokinetics have not been studied in subjects with hepatic insufficiency (see **PRECAUTIONS**).

Drug-Drug Interactions: Table 2 summarizes the effects on AUC and C_{max}, with 95% confidence intervals (95% CI), of co-administration of ritonavir with a variety of drugs. For information about clinical recommendations see **PRECAUTIONS-Drug Interactions**.

Table 2
Effects of Co-administered Drug on Ritonavir Plasma AUC and C_{max}

		Effect on Ritonavir		
Drug	Ritonavir Dosage	n	AUC % (95% CI)	C _{max} % (95% CI)
Clarithromycin 500 mg q12h 4 days	200 mg q8h 4 days	22	↑ 12% (2, 23%)	↑ 15% (2, 28%)
Didanosine 200 mg q12h 4 days	600 mg q12h 4 days	12	↔	↔
Fluconazole 400 mg day 1, 200 mg daily 4 days	200 mg q6h 4 days	8	↑ 12% (5, 20%)	↑ 15% (7, 22%)
Fluoxetine 30 mg q12h 8 days	600 mg single dose	16	↑ 19% (7, 34%)	↔
Ketoconazole 200 mg daily 7 days	500 mg q12h 10 days	12	↑ 18% (-3, 52%)	↑ 10% (-11, 36%)
Rifampin 600 mg or 300 mg daily 10 days	500 mg q12h 20 days	7,9*	↓ 35% (7, 55%)	↓ 25% (-5, 46%)
Zidovudine 200 mg q8h 4 days	300 mg q6h 4 days	10	↔	↔

Effects of Ritonavir on Co-administered Drug Plasma AUC and C_{max}

Drug	Ritonavir Dosage	n	AUC % (95% CI)	C _{max} % (95% CI)
Alprazolam 1 mg single dose	500 mg q12h 10 days	12	↓ 12% (-5, 30%)	↓ 16% (5, 27%)
Clarithromycin 500 mg q12h 4 days	200 mg q8h 4 days	22	↑ 77% (56, 103%)	↑ 31% (15, 51%)
14-OH clarithromycin metabolite			↓ 100%	↓ 99%
Desipramine 100 mg single dose	500 mg q12h 12 days	14	↑ 145% (103, 211%)	↑ 22% (12, 35%)
2-OH desipramine metabolite			↓ 15% (3, 26%)	↓ 67% (62, 72%)
Didanosine 200 mg q12h 4 days	600 mg q12h 4 days	12	↓ 13% (0, 23%)	↓ 16% (5, 26%)
Ethinyl estradiol 50 µg single dose	500 mg q12h 16 days	23	↓ 40% (31, 49%)	↓ 32% (24, 39%)
Indinavir 400 mg q12h Day 14 ¹	400 mg q12h 15 days	10	↑ 6% (-14, 29%)	↓ 51% (40, 61%)

Indinavir 400 mg q12h Day 15 ¹	400 mg q12h 15 days	10	↓ 7% (-25, 16%)	↓ 62% (52, 70%)
Ketoconazole 200 mg daily 7 days	500 mg q12h 10 days	12	↑ 3.4-fold (2.8, 4.3X)	↑ 55% (40, 72%)
Meperidine 50 mg oral single dose	500 mg q12h 10 days	8	↓ 62% (59, 65%)	↓ 59% (42, 72%)
Normeperidine metabolite		6	↑ 47% (-24, 345%)	↑ 87% (42, 147%)
Methadone 5 mg single dose ²	500 mg q12h 15 days	11	↓ 36% (16, 52%)	↓ 38% (28, 46%)
Rifabutin 150 mg daily 16 days	500 mg q12h 10 days	5,11*	↑ 4-fold (2.8, 6.1X)	↑ 2.5-fold (1.9, 3.4X)
25-O-desacetyl rifabutin metabolite			↑ 35-fold (25, 78X)	↑ 16-fold (14, 20X)
Saquinavir 400 mg bid steady-state ³	400 mg bid steady-state	7	↑ 17-fold (9, 31X)	↑ 14-fold (7, 28X)
Sildenafil 100 mg single dose	500 mg bid 8 days	28	↑ 11-fold	↑ 4-fold
Sulfamethoxazole 800 mg single dose ⁴	500 mg q12h 12 days	15	↓ 20% (16, 23%)	↔
Theophylline 3 mg/kg q8h 15 days	500 mg q12h 10 days	13,11*	↓ 43% (42, 45%)	↓ 32% (29, 34%)
Trimethoprim 160 mg single dose ⁴	500 mg q12h 12 days	15	↑ 20% (3, 43%)	↔
Zidovudine 200 mg q8h 4 days	300 mg q6h 4 days	9	↓ 25% (15, 34%)	↓ 27% (4, 45%)

¹ Ritonavir and indinavir were coadministered for 15 days; Day 14 doses were administered after a 15%-fat breakfast (757 Kcal) and 9%-fat evening snack (236 Kcal), and Day 15 doses were administered after a 15%-fat breakfast (757 Kcal) and 32%-fat dinner (815 Kcal). Indinavir C_{min} was also increased 4-fold. Effects were assessed relative to an indinavir 800 mg q8h regimen under fasting conditions.

² Effects were assessed on a dose-normalized comparison to a methadone 20 mg single dose.

³ Comparison to a standard saquinavir HGC 600 mg t.i.d. regimen (n=114).

⁴ Sulfamethoxazole and trimethoprim taken as single combination tablet.

↑ Indicates increase.

↓ Indicates decrease.

↔ Indicates no change.

* Parallel group design; entries are subjects receiving combination and control regimens, respectively.

INDICATIONS AND USAGE

NORVIR is indicated in combination with other antiretroviral agents for the treatment of HIV-infection. This indication is based on the results from a study in patients with advanced HIV disease that showed a reduction in both mortality and AIDS-defining clinical events for patients who received NORVIR either alone or in combination with nucleoside analogues. Median duration of follow-up in this study was 13.5 months.

Description of Clinical Studies

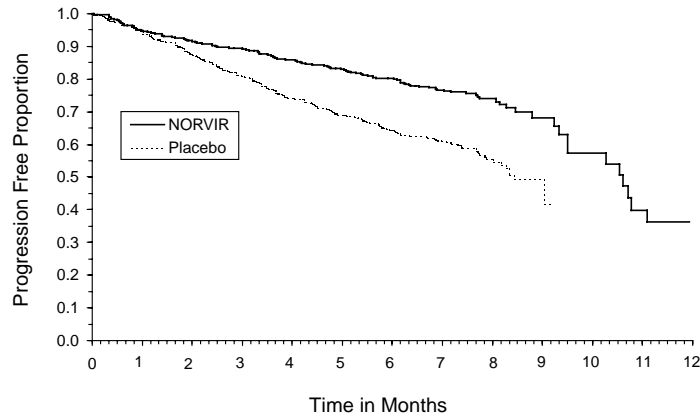
The activity of NORVIR as monotherapy or in combination with nucleoside analogues has been evaluated in 1446 patients enrolled in two double-blind, randomized trials.

Advanced Patients with Prior Antiretroviral Therapy

Study 247 was a randomized, double-blind trial (with open-label follow-up) conducted in HIV-infected patients with at least nine months of prior antiretroviral therapy and baseline CD₄ cell counts ≤ 100 cells/μL. NORVIR 600 mg b.i.d. or placebo was added to each patient's baseline antiretroviral therapy regimen, which could have consisted of up to two approved antiretroviral agents. The study accrued 1090 patients, with mean baseline CD₄ cell count at study entry of 32 cells/μL. After the clinical benefit of NORVIR therapy was demonstrated, all patients were eligible to switch to open-label NORVIR for the duration of the follow-up period. Median duration of double-blind therapy with NORVIR and placebo was 6 months. The median duration of follow-up through the end of the open-label phase was 13.5 months for patients randomized to NORVIR and 14 months for patients randomized to placebo.

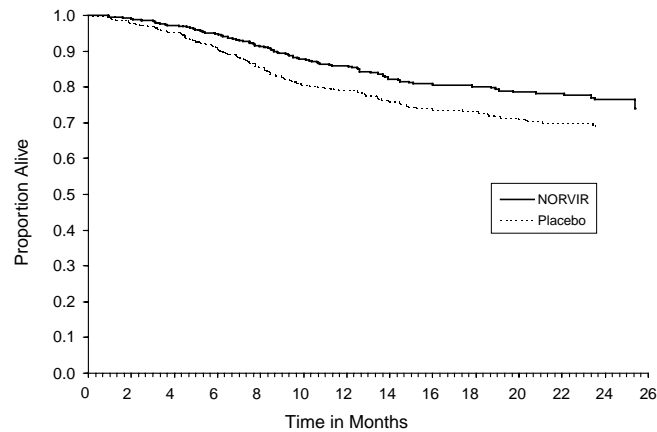
The cumulative incidence of clinical disease progression or death during the double-blind phase of Study 247 was 26% for patients initially randomized to NORVIR compared to 42% for patients initially randomized to placebo. This difference in rates was statistically significant (see Figure 1).

Figure 1
Time to Disease Progression or Death During the Double-Blind Phase of Study 247



The cumulative mortality through the end of the open-label follow-up phase for patients enrolled in Study 247 was 18% for patients initially randomized to NORVIR compared to 26% for patients initially randomized to placebo. This difference in rates was statistically significant (see Figure 2). Since the analysis at the end of the open-label phase includes patients in the placebo arm who were switched from placebo to NORVIR therapy, the survival benefit of NORVIR cannot be precisely estimated.

Figure 2
Survival of Patients by Randomized Treatment Regimen in Study 247



Figures 3 and 4 summarize the mean change from baseline for CD₄ cell count and plasma HIV RNA (copies/mL), respectively, during the first 24 weeks for the double-blind phase of Study 247.

Figure 3
Mean Change From Baseline in CD₄ Cell Count (cells/ μ L) During the Double-Blind Phase of Study 247

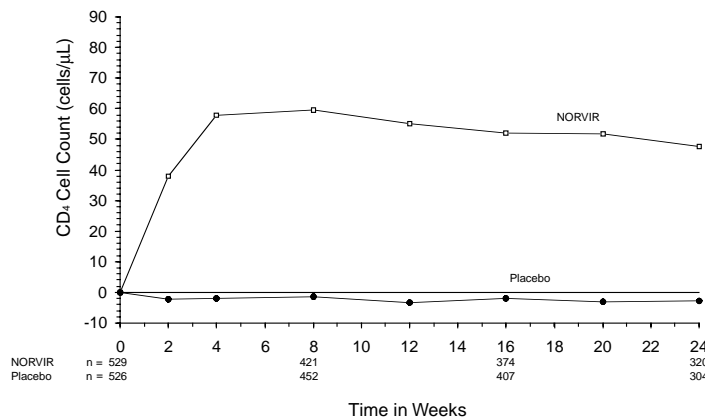
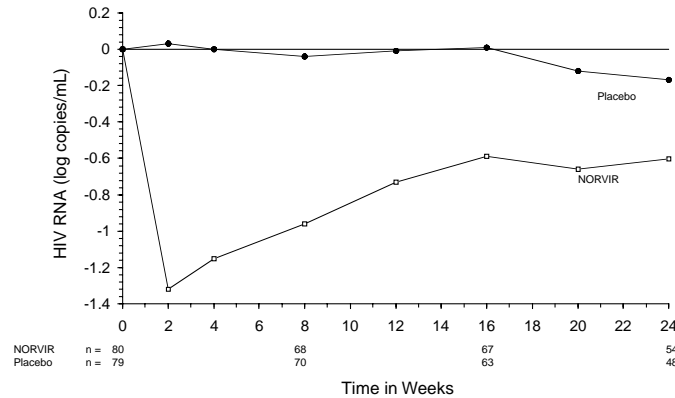


Figure 4
Mean Change From Baseline in HIV RNA (log copies/mL)
During the Double-Blind Phase of Study 247



Patients Without Prior Antiretroviral Therapy

In Study 245, 356 antiretroviral-naïve HIV-infected patients (mean baseline CD₄ = 364 cells/μL) were randomized to receive either NORVIR 600 mg b.i.d., zidovudine 200 mg t.i.d., or a combination of these drugs. Figures 5 and 6 summarize the mean change from baseline for CD₄ cell count and plasma HIV RNA (copies/mL), respectively, during the first 24 weeks for the double-blind phase of Study 245.

Figure 5
Mean Change From Baseline in CD₄ Cell Count (cells/μL) During Study 245

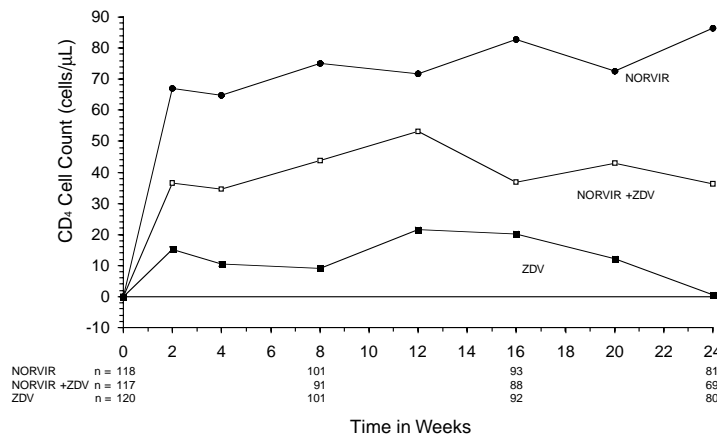
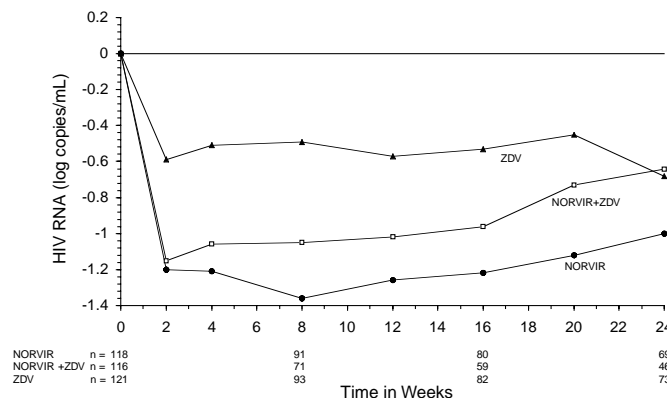


Figure 6
Mean Change From Baseline in HIV RNA (log copies/mL) During Study 245



CONTRAINDICATIONS

NORVIR is contraindicated in patients with known hypersensitivity to ritonavir or any of its ingredients.

NORVIR should not be administered concurrently with the drugs listed in Table 3 (also see **PRECAUTIONS** Table 4: Contraindicated Drugs) because competition for primarily CYP3A by ritonavir could result in inhibition of the metabolism of these drugs and create the potential for serious and/or life-threatening reactions such as cardiac arrhythmias, prolonged or increased sedation, and respiratory depression.

Postmarketing reports indicate that co-administration of ritonavir with ergotamine or dihydroergotamine has been associated with acute ergot toxicity characterized by peripheral vasospasm and ischemia of the extremities.

Table 3 DRUGS THAT ARE CONTRAINDICATED WITH NORVIR USE	
Drug Class	Drugs Within Class That Are CONTRAINDICATED With NORVIR
Antiarrhythmics	amiodarone, bepridil, flecainide, propafenone, quinidine
Antihistamines	astemizole, terfenadine
Antimigraine	dihydroergotamine, ergotamine
Sedative/hypnotics	midazolam, triazolam
GI motility agent	cisapride
Neuroleptic	pimozide

WARNINGS

Drug Interactions

The magnitude of the interactions and therapeutic consequences between ritonavir and the drugs listed in Table 4 **Predicted Drug Interactions: Use With Caution** cannot be predicted with any certainty. When co-administering ritonavir with any agent listed in Table 4 **Predicted Drug Interactions: Use With Caution**, special attention is warranted.

Cardiac and neurologic events have been reported with ritonavir when co-administered with disopyramide, mexiletine, nefazodone, fluoxetine and beta blockers. The possibility of drug interaction cannot be excluded.

Particular caution should be used when prescribing sildenafil in patients receiving NORVIR. Co-administration of NORVIR with sildenafil is expected to substantially increase sildenafil concentrations (11-fold increase in AUC) and may result in an increase in sildenafil-associated adverse events, including hypotension, syncope, visual changes, and prolonged erection (see **PRECAUTIONS: Drug Interactions**, Table 4 **Established Drug Interactions: Alteration in Dose or Regimen Recommended Based on Drug Interaction Studies** and the complete prescribing information for sildenafil).

Concomitant use of NORVIR with lovastatin or simvastatin is not recommended. Caution should be exercised if HIV protease inhibitors, including NORVIR, are used concurrently with other HMG-CoA reductase inhibitors that are also metabolized by the CYP3A4 pathway (e.g., atorvastatin or cerivastatin). The risk of myopathy including rhabdomyolysis may be increased when HIV protease inhibitors, including NORVIR, are used in combination with these drugs.

Concomitant use of NORVIR, and St. John's wort (*hypericum perforatum*) or products containing St. John's wort is not recommended. Coadministration of protease inhibitors, including NORVIR, with St. John's wort is expected to substantially decrease protease inhibitor concentrations and may result in sub-optimal levels of NORVIR and lead to loss of virologic response and possible resistance to NORVIR or to the class of protease inhibitors.

Allergic Reactions

Allergic reactions including urticaria, mild skin eruptions, bronchospasm, and angioedema have been reported. Rare cases of anaphylaxis and Stevens-Johnson syndrome have also been reported.

Hepatic Reactions

Hepatic transaminase elevations exceeding 5 times the upper limit of normal, clinical hepatitis, and jaundice have occurred in patients receiving NORVIR alone or in combination with other antiretroviral drugs (see Table 6). There may be an increased risk for transaminase elevations in patients with underlying hepatitis B or C. Therefore, caution should be exercised when administering NORVIR to patients with pre-existing liver diseases, liver enzyme abnormalities, or hepatitis. Increased AST/ALT monitoring should be considered in these patients, especially during the first three months of NORVIR treatment.

There have been postmarketing reports of hepatic dysfunction, including some fatalities. These have generally occurred in patients taking multiple concomitant medications and/or with advanced AIDS.

Pancreatitis

Pancreatitis has been observed in patients receiving NORVIR therapy, including those who developed hypertriglyceridemia. In some cases fatalities have been observed. Patients with advanced HIV disease may be at increased risk of elevated triglycerides and pancreatitis.

Pancreatitis should be considered if clinical symptoms (nausea, vomiting, abdominal pain) or abnormalities in laboratory values (such as increased serum lipase or amylase values) suggestive of pancreatitis should occur. Patients who exhibit these signs or symptoms should be evaluated and NORVIR therapy should be discontinued if a diagnosis of pancreatitis is made.

Diabetes Mellitus/Hyperglycemia

New onset diabetes mellitus, exacerbation of pre-existing diabetes mellitus, and hyperglycemia have been reported during post-marketing surveillance in HIV-infected patients receiving protease inhibitor therapy. Some patients required either initiation or dose adjustments of insulin or oral hypoglycemic agents for treatment of these events. In some cases, diabetic ketoacidosis has occurred. In those patients who discontinued protease inhibitor therapy, hyperglycemia persisted in some cases. Because these events have been reported voluntarily during clinical practice, estimates of frequency cannot be made and a causal relationship between protease inhibitor therapy and these events has not been established.

PRECAUTIONS

General

Ritonavir is principally metabolized by the liver. Therefore, caution should be exercised when administering this drug to patients with impaired hepatic function (see **WARNINGS**).

Resistance/Cross-resistance

Varying degrees of cross-resistance among protease inhibitors have been observed. Continued administration of ritonavir therapy following loss of viral suppression may increase the likelihood of cross-resistance to other protease inhibitors (see **MICROBIOLOGY**).

Hemophilia

There have been reports of increased bleeding, including spontaneous skin hematomas and hemarthrosis, in patients with hemophilia type A and B treated with protease inhibitors. In some patients additional factor VIII was given. In more than half of the reported cases, treatment with protease inhibitors was continued or reintroduced. A causal relationship has not been established.

Fat Redistribution

Redistribution/accumulation of body fat including central obesity, dorsocervical fat enlargement (buffalo hump), peripheral wasting, breast enlargement, and “cushingoid appearance” have been observed in patients receiving protease inhibitors. The mechanism and long-term consequences of these events are currently unknown. A causal relationship has not been established.

Lipid Disorders

Treatment with NORVIR therapy alone or in combination with saquinavir has resulted in substantial increases in the concentration of total triglycerides and cholesterol. Triglyceride and cholesterol testing should be performed prior to initiating NORVIR therapy and at periodic intervals during therapy. Lipid disorders should be managed as clinically appropriate. See **PRECAUTIONS** Table 4 for additional information on potential drug interactions with NORVIR and HMG CoA reductase inhibitors.

Information For Patients

Patients should be informed that NORVIR is not a cure for HIV infection and that they may continue to acquire illnesses associated with advanced HIV infection, including opportunistic infections.

Patients should be told that the long-term effects of NORVIR are unknown at this time. They should be informed that NORVIR therapy has not been shown to reduce the risk of transmitting HIV to others through sexual contact or blood contamination.

Patients should be advised to take NORVIR with food, if possible.

Patients should be informed to take NORVIR every day as prescribed. Patients should not alter the dose or discontinue NORVIR without consulting their doctor. If a dose is missed, patients should take the next dose as soon as possible. However, if a dose is skipped, the patient should not double the next dose.

Patients should be informed that redistribution or accumulation of body fat may occur in patients receiving protease inhibitors and that the cause and long-term health effects of these conditions are not known at this time.

NORVIR may interact with some drugs; therefore, patients should be advised to report to their doctor the use of any other prescription, non-prescription medication or herbal products, particularly St. John's wort.

Laboratory Tests

Ritonavir has been shown to increase triglycerides, cholesterol, SGOT (AST), SGPT (ALT), GGT, CPK, and uric acid. Appropriate laboratory testing should be performed prior to initiating NORVIR therapy and at periodic intervals or if any clinical signs or symptoms occur during therapy. For comprehensive information concerning laboratory test alterations associated with nucleoside analogues, physicians should refer to the complete product information for each of these drugs.

Drug Interactions

Ritonavir has been found to be an inhibitor of cytochrome P450 3A (CYP3A) both *in vitro* and *in vivo* (Table 2). Agents that are extensively metabolized by CYP3A and have high first pass metabolism appear to be the most susceptible to large increases in AUC (>3-fold) when co-administered with ritonavir. Ritonavir also inhibits CYP2D6 to a lesser extent. Co-administration of

substrates of CYP2D6 with ritonavir could result in increases (up to 2-fold) in the AUC of the other agent, possibly requiring a proportional dosage reduction. Ritonavir also appears to induce CYP3A as well as other enzymes, including glucuronosyl transferase, CYP1A2, and possibly CYP2C9.

Drugs that are contraindicated specifically due to the expected magnitude of interaction and potential for serious adverse events are listed both in **CONTRAINDICATIONS** Table 3 and under **Contraindicated Drugs** in Table 4.

Those drug interactions that have been established based on drug interaction studies are listed with the pharmacokinetic results in **CLINICAL PHARMACOLOGY**, Table 2. The clinical recommendations based on the results of these studies are listed in Table 4 **Established Drug Interactions: Alteration in Dose or Regimen Recommended Based on Drug Interaction Studies**.

A systematic review of over 200 medications prescribed to HIV-infected patients was performed to identify potential drug interactions with ritonavir.² There are a number of agents in which CYP3A or CYP2D6 partially contribute to the metabolism of the agent. In these cases, the magnitude of the interaction and therapeutic consequences cannot be predicted with any certainty.

When co-administering ritonavir with calcium channel blockers, immunosuppressants, some HMG-CoA reductase inhibitors (see **WARNINGS, Drug Interactions**), some steroids, or other substrates of CYP3A, or most antidepressants, certain antiarrhythmics, and some narcotic analgesics which are partially mediated by CYP2D6 metabolism, it is possible that substantial increases in concentrations of these other agents may occur, possibly requiring a dosage reduction (>50%); examples are listed in Table 4 **Predicted Drug Interactions: Use With Caution, Dose Decrease May be Needed**.

When co-administering ritonavir with any agent having a narrow therapeutic margin, such as anticoagulants, anticonvulsants, and antiarrhythmics, special attention is warranted. With some agents, the metabolism may be induced, resulting in decreased concentrations (see Table 4 **Predicted Drug Interactions: Use With Caution, Dose Increase May be Needed**).

Table 4
Drug Interactions With NORVIR
CONTRAINDICATED DRUGS
(Same as Table 3)

DRUGS THAT ARE CONTRAINDICATED WITH NORVIR USE	
Drug Class	Drugs Within Class That Are CONTRAINDICATED With NORVIR
Antiarrhythmics	amiodarone, bepridil, flecainide, propafenone, quinidine
Antihistamines	astemizole, terfenadine
Antimigraine	dihydroergotamine, ergotamine
Sedative/hypnotics	midazolam, triazolam
GI motility agent	cisapride
Neuroleptic	pimozide

**Established Drug Interactions: Alteration in Dose or
Regimen Recommended Based on Drug Interaction Studies**
(see CLINICAL PHARMACOLOGY, Table 2 for Magnitude or Interaction)

Drug Name	Effect	Clinical Comment
Clarithromycin	↑ clarithromycin concentration	For patients with renal impairment the following dosage adjustments should be considered: <ul style="list-style-type: none"> • For patients with CL_{CR} 30 to 60 mL/min the dose of clarithromycin should be reduced by 50%. • For patients with CL_{CR} < 30 mL/min the dose of clarithromycin should be decreased by 75%. No dose adjustment for patients with normal renal function is necessary.
Desipramine	↑ desipramine concentration	Dosage reduction and concentration monitoring of desipramine is recommended
Didanosine		Dosing of didanosine and ritonavir should be separated by 2.5 hours to avoid formulation incompatibility
Disulfiram/ Metronidazole		Ritonavir formulations contain alcohol, which can produce disulfiram-like reactions when co-administered with disulfiram or other drugs that produce this reaction (e.g., metronidazole)
Indinavir	↑ indinavir concentration	Appropriate doses for this combination, with respect to efficacy and safety, have not been established
Ketoconazole	↑ ketoconazole concentration	High doses of ketoconazole (>200 mg/day) are not recommended
Meperidine	↓ meperidine concentration/ ↑ normeperidine concentration (metabolite)	Dosage increase and long-term use of meperidine with ritonavir are not recommended due to the increased concentrations of the metabolite normeperidine which has both analgesic activity and CNS stimulant activity (e.g., seizures)
Methadone	↓ methadone concentration	Dosage increase of methadone may be considered
Oral Contraceptives	↓ ethinyl estradiol concentration	Dosage increase or alternate contraceptive measures should be considered
Rifabutin	↑ rifabutin and rifabutin metabolite concentration	Dosage reduction of rifabutin by at least three-quarters of the usual dose of 300 mg/day is recommended (e.g., 150 mg every other day or three times a week). Further dosage reduction may be necessary
Rifampin	↓ ritonavir concentration	Alternate antimycobacterial agents such as rifabutin should be considered (see Rifabutin, for dose reduction recommendations)
Saquinavir	↑ saquinavir concentration	When used in combination therapy for up to 24 weeks, doses of 400 mg b.i.d. of ritonavir and saquinavir were better tolerated than the higher doses of the combination. Saquinavir plasma concentrations achieved with Invirase® (saquinavir mesylate) (400 mg b.i.d.) and ritonavir (400 mg b.i.d.) are similar to those achieved with Fortovase™ (saquinavir) (400 mg b.i.d.) and ritonavir (400 mg b.i.d.)
Sildenafil	↑ sildenafil concentration	Sildenafil should not exceed a maximum single dose of 25 mg in a 48-hour period in patients receiving concomitant ritonavir therapy (see WARNINGS)
Theophylline	↓ theophylline concentration	Increased dosage of theophylline may be required; therapeutic monitoring should be considered

**Predicted Drug Interactions: Use With Caution, Dose Decrease of
Coadministered Drug May Be Needed (see WARNINGS)**

Examples of Drugs in Which Plasma Concentrations May Be Increased By Co-Administration With NORVIR	
Drug Class	Examples of Drugs
Analgesics, narcotic	tramadol, propoxyphene
Antiarrhythmics	disopyramide, lidocaine, mexilitine
Anticonvulsants	carbamazepine, clonazepam, ethosuximide
Antidepressants	bupropion, nefazodone, selective serotonin reuptake inhibitors (SSRIs), tricyclics
Antiemetics	dronabinol
Antiparasitics	quinine
β-blockers	metoprolol, timolol
Calcium channel blockers	diltiazem, nifedipine, verapamil
Hypolipidemics, HMG CoA reductase inhibitors ¹	atorvastatin, cerivastatin, lovastatin, simvastatin
Immunosuppressants	cyclosporine, tacrolimus
Neuroleptics	perphenazine, risperidone, thioridazine
Sedative/hypnotics	clorazepate, diazepam, estazolam, flurazepam, zolpidem
Steroids	dexamethasone, prednisone
Stimulants	methamphetamine

¹ Coadministration with lovastatin and simvastatin is not recommended (see **WARNINGS, Drug Interactions**).

**Predicted Drug Interactions: Use With Caution,
Dose Increase of Coadministered Drug May Be Needed
(see WARNINGS)**

Examples of Drugs in Which Plasma Concentrations May Be Decreased By Co-Administration With NORVIR	
Anticoagulants	warfarin
Anticonvulsants	phenytoin, divalproex, lamotrigine
Antiparasitics	atovaquone

Post-Marketing Experience with Drugs Listed in Table 4

Cardiac and neurologic events have been reported when ritonavir has been co-administered with disopyramide, mexilitine, nefazodone, fluoxetine, and beta blockers. The possibility of drug interaction cannot be excluded.

Carcinogenesis and Mutagenesis

Long-term carcinogenicity studies of ritonavir in animal systems have not been completed. However, ritonavir was not mutagenic or clastogenic in a battery of *in vitro* and *in vivo* assays including bacterial reverse mutation (Ames) using *S. typhimurium* and *E. coli*, mouse lymphoma, mouse micronucleus, and chromosome aberrations in human lymphocytes.

Pregnancy, Fertility, and Reproduction

Pregnancy Category B: Ritonavir produced no effects on fertility in rats at drug exposures approximately 40% (male) and 60% (female) of that achieved with the proposed therapeutic dose. Higher dosages were not feasible due to hepatic toxicity.

No treatment-related malformations were observed when ritonavir was administered to pregnant rats or rabbits. Developmental toxicity observed in rats (early resorptions, decreased fetal body weight and ossification delays and developmental variations) occurred at a maternally toxic dosage at an exposure equivalent to approximately 30% of that achieved with the proposed therapeutic dose. A slight increase in the incidence of cryptorchidism was also noted in rats at an exposure approximately 22% of that achieved with the proposed therapeutic dose.

Developmental toxicity observed in rabbits (resorptions, decreased litter size and decreased fetal weights) also occurred at a maternally toxic dosage equivalent to 1.8 times the proposed therapeutic dose based on a body surface area conversion factor.

There are, however, no adequate and well-controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, this drug should be used during pregnancy only if clearly needed.

Nursing Mothers: It is not known whether this drug is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when ritonavir is administered to a nursing woman. However, the U.S. Public Health Service Centers

for Disease Control and Prevention advises HIV-infected women not to breast-feed to avoid postnatal transmission of HIV to a child who may not be infected.

Pediatric Use

The safety and pharmacokinetic profile of ritonavir in pediatric patients below the age of 2 years have not been established. In HIV-infected patients age 2 to 16 years, the adverse event profile seen during a clinical trial and postmarketing experience was similar to that for adult patients. The evaluation of the antiviral activity of ritonavir in pediatric patients in clinical trials is ongoing.

ADVERSE REACTIONS

The safety of NORVIR alone and in combination with nucleoside analogues was studied in 1270 patients. Table 5 lists treatment-emergent adverse events (at least possibly related and of at least moderate intensity) that occurred in 2% or greater of patients receiving NORVIR alone or in combination with nucleosides in Study 245 or Study 247 and in combination with saquinavir in ongoing Study 462. In that study, 141 protease inhibitor-naïve, HIV-infected patients with mean baseline CD₄ of 300 cells/μL were randomized to one of four regimens of NORVIR + saquinavir, including NORVIR 400 mg b.i.d. + saquinavir 400 mg b.i.d. Overall the most frequently reported clinical adverse events, other than asthenia, among patients receiving NORVIR were gastrointestinal and neurological disturbances including nausea, diarrhea, vomiting, anorexia, abdominal pain, taste perversion, and circumoral and peripheral paresthesias. Similar adverse event profiles were reported in patients receiving ritonavir in other trials.

Table 5
Percentage of Patients with Treatment-Emergent Adverse Events¹ of Moderate or Severe Intensity Occurring in ≥ 2% of Patients Receiving NORVIR

Adverse Events	Study 245 Naïve Patients ²			Study 247 Advanced Patients ³		Study 462 PI-Naïve Patients ⁴
	NORVIR + ZDV n=116	NORVIR n=117	ZDV n=119	NORVIR n=541	Placebo n=545	NORVIR + Saquinavir n=141
Body as a Whole						
Abdominal Pain	5.2	6.0	5.9	8.3	5.1	2.1
Asthenia	28.4	10.3	11.8	15.3	6.4	16.3
Fever	1.7	0.9	1.7	5.0	2.4	0.7
Headache	7.8	6.0	6.7	6.5	5.7	4.3
Malaise	5.2	1.7	3.4	0.7	0.2	2.8
Pain (unspecified)	0.9	1.7	0.8	2.2	1.8	4.3
Cardiovascular						
Syncope	0.9	1.7	0.8	0.6	0.0	2.1
Vasodilation	3.4	1.7	0.8	1.7	0.0	3.5
Digestive						
Anorexia	8.6	1.7	4.2	7.8	4.2	4.3
Constipation	3.4	0.0	0.8	0.2	0.4	1.4
Diarrhea	25.0	15.4	2.5	23.3	7.9	22.7
Dyspepsia	2.6	0.0	1.7	5.9	1.5	0.7
Fecal Incontinence	0.0	0.0	0.0	0.0	0.0	2.8
Flatulence	2.6	0.9	1.7	1.7	0.7	3.5
Local Throat Irritation	0.9	1.7	0.8	2.8	0.4	1.4
Nausea	46.6	25.6	26.1	29.8	8.4	18.4
Vomiting	23.3	13.7	12.6	17.4	4.4	7.1
Metabolic and Nutritional						
Weight Loss	0.0	0.0	0.0	2.4	1.7	0.0
Musculoskeletal						
Arthralgia	0.0	0.0	0.0	1.7	0.7	2.1
Myalgia	1.7	1.7	0.8	2.4	1.1	2.1
Nervous						
Anxiety	0.9	0.0	0.8	1.7	0.9	2.1
Circumoral Paresthesia	5.2	3.4	0.0	6.7	0.4	6.4
Confusion	0.0	0.9	0.0	0.6	0.6	2.1
Depression	1.7	1.7	2.5	1.7	0.7	7.1
Dizziness	5.2	2.6	3.4	3.9	1.1	8.5
Insomnia	3.4	2.6	0.8	2.0	1.8	2.8
Paresthesia	5.2	2.6	0.0	3.0	0.4	2.1

Peripheral Paresthesia	0.0	6.0	0.8	5.0	1.1	5.7
Somnolence	2.6	2.6	0.0	2.4	0.2	0.0
Thinking Abnormal	2.6	0.0	0.8	0.9	0.4	0.7
Respiratory						
Pharyngitis	0.9	2.6	0.0	0.4	0.4	1.4
Skin and Appendages						
Rash	0.9	0.0	0.8	3.5	1.5	0.7
Sweating	3.4	2.6	1.7	1.7	1.1	2.8
Special Senses						
Taste Perversion	17.2	11.1	8.4	7.0	2.2	5.0
Urogenital						
Nocturia	0.0	0.0	0.0	0.2	0.0	2.8

¹ Includes those adverse events at least possibly related to study drug or of unknown relationship and excludes concurrent HIV conditions.

² The median duration of treatment for patients randomized to regimens containing NORVIR in Study 245 was 9.1 months.

³ The median duration of treatment for patients randomized to regimens containing NORVIR in Study 247 was 9.4 months.

⁴ The median duration of treatment for patients in ongoing Study 462 was 48 weeks.

Adverse events occurring in less than 2% of patients receiving NORVIR in all phase II/phase III studies and considered at least possibly related or of unknown relationship to treatment and of at least moderate intensity are listed below by body system.

Body as a Whole: Abdomen enlarged, accidental injury, allergic reaction, back pain, cachexia, chest pain, chills, facial edema, facial pain, flu syndrome, hormone level altered, hypothermia, kidney pain, neck pain, neck rigidity, pelvic pain, photosensitivity reaction, and substernal chest pain.

Cardiovascular System: Cardiovascular disorder, cerebral ischemia, cerebral venous thrombosis, hypertension, hypotension, migraine, myocardial infarct, palpitation, peripheral vascular disorder, phlebitis, postural hypotension, tachycardia and vasospasm.

Digestive System: Abnormal stools, bloody diarrhea, cheilitis, cholestatic jaundice, colitis, dry mouth, dysphagia, eructation, esophageal ulcer, esophagitis, gastritis, gastroenteritis, gastrointestinal disorder, gastrointestinal hemorrhage, gingivitis, hepatic coma, hepatitis, hepatomegaly, hepatosplenomegaly, ileus, liver damage, melena, mouth ulcer, pancreatitis, pseudomembranous colitis, rectal disorder, rectal hemorrhage, sialadenitis, stomatitis, tenesmus, thirst, tongue edema, and ulcerative colitis.

Endocrine System: Adrenal cortex insufficiency and diabetes mellitus.

Hemic and Lymphatic System: Acute myeloblastic leukemia, anemia, ecchymosis, leukopenia, lymphadenopathy, lymphocytosis, myeloproliferative disorder, and thrombocytopenia.

Metabolic and Nutritional Disorders: Albuminuria, alcohol intolerance, avitaminosis, BUN increased, dehydration, edema, enzymatic abnormality, glycosuria, gout, hypercholesteremia, peripheral edema, and xanthomatosis.

Musculoskeletal System: Arthritis, arthrosis, bone disorder, bone pain, extraocular palsy, joint disorder, leg cramps, muscle cramps, muscle weakness, myositis, and twitching.

Nervous System: Abnormal dreams, abnormal gait, agitation, amnesia, aphasia, ataxia, coma, convulsion, dementia, depersonalization, diplopia, emotional lability, euphoria, grand mal convulsion, hallucinations, hyperesthesia, hyperkinesia, hypesthesia, incoordination, libido decreased, manic reaction, nervousness, neuralgia, neuropathy, paralysis, peripheral neuropathic pain, peripheral neuropathy, peripheral sensory neuropathy, personality disorder, sleep disorder, speech disorder, stupor, subdural hematoma, tremor, urinary retention, vertigo, and vestibular disorder.

Respiratory System: Asthma, bronchitis, dyspnea, epistaxis, hiccup, hypoventilation, increased cough, interstitial pneumonia, larynx edema, lung disorder, rhinitis, and sinusitis.

Skin and Appendages: Acne, contact dermatitis, dry skin, eczema, erythema multiforme, exfoliative dermatitis, folliculitis, fungal dermatitis, furunculosis, maculopapular rash, molluscum contagiosum, onychomycosis, pruritus, psoriasis, pustular rash, seborrhea, skin discoloration, skin disorder, skin hypertrophy, skin melanoma, urticaria, and vesiculobullous rash.

Special Senses: Abnormal electro-oculogram, abnormal electroretinogram, abnormal vision, amblyopia/blurred vision, blepharitis, conjunctivitis, ear pain, eye disorder, eye pain, hearing impairment, increased cerumen, iritis, parosmia, photophobia, taste loss, tinnitus, uveitis, visual field defect, and vitreous disorder.

Urogenital System: Acute kidney failure, breast pain, cystitis, dysuria, hematuria, impotence, kidney calculus, kidney failure, kidney function abnormal, kidney pain, menorrhagia, penis disorder, polyuria, urethritis, urinary frequency, urinary tract infection, and vaginitis.

Post-Marketing Experience:

There have been postmarketing reports of seizure. Cause and effect relationship has not been established.

Dehydration, usually associated with gastrointestinal symptoms, and sometimes resulting in hypotension, syncope, or renal insufficiency has been reported. Syncope, orthostatic hypotension, and renal insufficiency have also been reported without known dehydration.

Redistribution/accumulation of body fat has been reported (see **PRECAUTIONS, Fat Redistribution**). There have been reports of increased bleeding in patients with hemophilia A or B (see **PRECAUTIONS, Hemophilia**).

Laboratory Abnormalities

Table 6 shows the percentage of patients who developed marked laboratory abnormalities.

Table 6
Percentage of Patients, by Study and Treatment Group, with Chemistry and Hematology Abnormalities Occurring in > 3% of Patients Receiving NORVIR

Variable	Limit	Study 245 Naive Patients			Study 247 Advanced Patients		Study 462 PI-Naive Patients NORVIR + Saquinavir
		NORVIR + ZDV	NORVIR	ZDV	NORVIR	Placebo	
<u>Chemistry</u>	<u>High</u>						
Cholesterol	>240 mg/dL	30.7	44.8	9.3	36.5	8.0	65.2
CPK	>1000 IU/L	9.6	12.1	11.0	9.1	6.3	9.9
GGT	>300 IU/L	1.8	5.2	1.7	19.6	11.3	9.2
SGOT (AST)	>180 IU/L	5.3	9.5	2.5	6.4	7.0	7.8
SGPT (ALT)	>215 IU/L	5.3	7.8	3.4	8.5	4.4	9.2
Triglycerides	>800 mg/dL	9.6	17.2	3.4	33.6	9.4	23.4
Triglycerides	>1500 mg/dL	1.8	2.6	-	12.6	0.4	11.3
Triglycerides	>1500 mg/dL	1.5	1.3	-	9.9	0.3	-
Fasting							
Uric Acid	>12 mg/dL	-	-	-	3.8	0.2	1.4
<u>Hematology</u>	<u>Low</u>						
Hematocrit	<30%	2.6	-	0.8	17.3	22.0	0.7
Hemoglobin	<8.0 g/dL	0.9	-	-	3.8	3.9	-
Neutrophils	≤0.5 X 10 ⁹ /L	-	-	-	6.0	8.3	-
RBC	<3.0 X 10 ¹² /L	1.8	-	5.9	18.6	24.4	-
WBC	<2.5 X 10 ⁹ /L	-	0.9	6.8	36.9	59.4	3.5

¹ ULN = upper limit of the normal range.

- Indicates no events reported.

OVERDOSAGE

Acute Overdosage

Human Overdose Experience: Human experience of acute overdose with NORVIR is limited. One patient in clinical trials took NORVIR 1500 mg/day for two days. The patient reported paresthesias which resolved after the dose was decreased. A post-marketing case of renal failure with eosinophilia has been reported with ritonavir overdose.

The approximate lethal dose was found to be greater than 20 times the related human dose in rats and 10 times the related human dose in mice.

Management of Overdosage

Treatment of overdose with NORVIR consists of general supportive measures including monitoring of vital signs and observation of the clinical status of the patient. There is no specific antidote for overdose with NORVIR. If indicated, elimination of unabsorbed drug should be achieved by emesis or gastric lavage; usual precautions should be observed to maintain the airway. Administration of activated charcoal may also be used to aid in removal of unabsorbed drug. Since ritonavir is extensively metabolized by the liver and is highly protein bound, dialysis is unlikely to be beneficial in significant removal of the drug. A Certified Poison Control Center should be consulted for up-to-date information on the management of overdose with NORVIR.

DOSAGE AND ADMINISTRATION

NORVIR is administered orally. It is recommended that NORVIR be taken with meals if possible. Patients may improve the taste of NORVIR oral solution by mixing with chocolate milk, Ensure®, or Advera® within one hour of dosing. The effects of antacids on the absorption of ritonavir have not been studied.

Adults

The recommended dosage of ritonavir is 600 mg twice daily by mouth. Use of a dose titration schedule may help to reduce treatment-emergent adverse events while maintaining appropriate ritonavir plasma levels. Ritonavir should be started at no less than 300 mg twice daily and increased at 2 to 3 day intervals by 100 mg twice daily. If saquinavir and ritonavir are used in combination, the dosage of saquinavir should be reduced to 400 mg twice daily. The optimum dosage of NORVIR (400 mg or 600 mg twice daily), in combination with saquinavir, has not been determined; however, the combination regimen was better tolerated in patients who received NORVIR 400 mg twice daily.

Pediatric Patients

Ritonavir should be used in combination with other antiretroviral agents (see **General Dosing Guidelines**). The recommended dosage of ritonavir is 400 mg/m² twice daily by mouth and should not exceed 600 mg twice daily. Ritonavir should be started at 250 mg/m² and increased at 2 to 3 day intervals by 50 mg/m² twice daily. If patients do not tolerate 400 mg/m² twice daily due to adverse events, the highest tolerated dose may be used for maintenance therapy in combination with other antiretroviral agents; however, alternative therapy should be considered. When possible, dose should be administered using a calibrated dosing syringe.

Pediatric Dosage Guidelines¹


Body Surface Area* (m ²)	Twice Daily Dose 250 mg/m ²	Twice Daily Dose 300 mg/m ²	Twice Daily Dose 350 mg/m ²	Twice Daily Dose 400 mg/m ²
0.25	0.8 mL (62.5 mg)	0.9 mL (75 mg)	1.1 mL (87.5 mg)	1.25 mL (100 mg)
0.50	1.6 mL (125 mg)	1.9 mL (150 mg)	2.2 mL (175 mg)	2.5 mL (200 mg)
1.00	3.1 mL (250 mg)	3.75 mL (300 mg)	4.4 mL (350 mg)	5 mL (400 mg)
1.25	3.9 mL (312.5 mg)	4.7 mL (375 mg)	5.5 mL (437.5 mg)	6.25 mL (500 mg)
1.50	4.7 mL (375 mg)	5.6 mL (450 mg)	6.6 mL (525 mg)	7.5 mL (600 mg)

* Body surface area can be calculated with the following equation: $BSA (m^2) = \sqrt{\frac{Ht (cm) \times Wt (kg)}{3600}}$

General Dosing Guidelines

Patients should be aware that frequently observed adverse events, such as mild to moderate gastrointestinal disturbances and paraesthesias, may diminish as therapy is continued. In addition, patients initiating combination regimens with NORVIR and nucleosides may improve gastrointestinal tolerance by initiating NORVIR alone and subsequently adding nucleosides before completing two weeks of NORVIR monotherapy.

HOW SUPPLIED

NORVIR (ritonavir capsules) soft gelatin are white capsules imprinted with the corporate logo , 100 and the Abbo-Code DS, available in the following package size:

Bottles of 120 capsules each(NDC 0074-6633-22).

Recommended storage: Store soft gelatin capsules in the refrigerator between 36-46°F (2-8°C) until dispensed. Refrigeration of NORVIR soft gelatin capsules by the patient is recommended, but not required if used within 30 days and stored below 77°F (25°C). Protect from light. Avoid exposure to excessive heat.

NORVIR (ritonavir oral solution) is an orange-colored liquid, supplied in amber-colored, multi-dose bottles containing 600 mg ritonavir per 7.5 mL marked dosage cup (80 mg/mL) in the following size:

240 mL bottles.....(NDC 0074-1940-63).

Recommended storage: Store NORVIR oral solution at room temperature 68°F to 77°F (20°C to 25°C). Do not refrigerate. Shake well before each use. Use by product expiration date.

Product should be stored and dispensed in the original container.

Avoid exposure to excessive heat. Keep cap tightly closed.

NORVIR oral solution is manufactured by Abbott Laboratories, North Chicago, IL 60064, U.S.A. or Abbott Laboratories LTD, Queenborough, Kent, England. Distributed by Abbott Laboratories, North Chicago, IL 60064, U.S.A.

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Revised: March, 2000

Ref.: 03-5026-R14



NORVIR®
(ritonavir capsules) Soft Gelatin
(ritonavir oral solution)
Patient Information

NORVIR®
(Nor-veer)
Generic Name: ritonavir
(rit-ON-uh-veer)

Please read this leaflet carefully before you start taking NORVIR. Also, read it each time you get your NORVIR prescription refilled, just in case something has changed. Remember that this information does not take the place of careful discussions with your doctor when you start this medication and at check ups.

You should remain under a doctor's care when taking NORVIR and you should not change or stop treatment without first talking with your doctor.

You should tell your doctor about any drug you are taking or planning to take because taking NORVIR with some medications can result in serious or life-threatening problems.

Talk to your doctor if you have any questions about NORVIR. Your doctor or pharmacist can also give you more information about NORVIR.

What is NORVIR and how does it work?

NORVIR is in a class of drugs called the HIV protease (PRO-tee-ase) inhibitors. NORVIR is used in combination with other anti-HIV drugs to treat people with human immunodeficiency virus (HIV) infection. HIV infection leads to the destruction of CD₄ (T) cells, which are important to the immune system. After a large number of CD₄ (T) cells have been destroyed, acquired immune deficiency syndrome (AIDS) develops.

NORVIR works by blocking HIV protease (a protein-cutting enzyme), which is required for HIV to multiply. NORVIR has been shown to significantly reduce the amount of HIV in the blood and increase the number of CD₄ (T) cells. Patients who took NORVIR in clinical studies had significant reductions in both death and AIDS defining diseases; however NORVIR may not have these effects in all patients.

Does NORVIR cure HIV or AIDS?

NORVIR is not a cure for HIV infection or AIDS. The long-term effects of NORVIR are not known at this time. People taking NORVIR may still develop opportunistic infections or other conditions associated with HIV infection. Some of these conditions are pneumonia, herpes virus infections, and *Mycobacterium avium* complex (MAC) infections.

Does NORVIR reduce the risk of passing HIV to others?

NORVIR does not reduce the risk of passing HIV to others through sexual contact or blood contamination. Continue to practice safe sex and do not use or share dirty needles.

How should I take NORVIR?

- NORVIR is available only with a doctor's prescription.
- It is very important that you take NORVIR every day exactly as your doctor prescribed it.
- The usual dose for adults is six 100 mg capsules or 7.5 mL of the oral solution twice a day (morning and night), in combination with other anti-HIV drugs.
- The dosing of NORVIR may be different for you than for other patients. Follow the directions from your doctor, exactly as written on the label.
- Children from 2 to 16 years of age can also take NORVIR. The child's doctor will decide the right dose based on the child's height and weight.
- Take NORVIR with food if possible.
- NORVIR Oral Solution is peppermint/caramel flavored. You can take it alone, or improve the taste by mixing it with 8 ounces of chocolate milk, Ensure®, or Advera®. NORVIR Oral Solution should be taken within 1 hour if mixed with these items. Ask your doctor, nurse or pharmacist about other ways to improve the taste of NORVIR Oral Solution.
- Do not alter or discontinue the daily dose of NORVIR without first consulting with your health care provider.
- Be sure to set up a schedule and follow it carefully.
- Only take medicine that has been prescribed specifically for you. Do not give NORVIR to others or take medicine prescribed for someone else.

What should I do if I miss a dose of NORVIR?

It is important that you do not miss any doses. If you miss a dose of NORVIR, take it as soon as possible and then take your next scheduled dose at its regularly scheduled time. If it is almost time for your next dose, wait and take the next dose at the regularly scheduled time. Do not double the next dose.

Who should not take NORVIR?

Together with your doctor, you need to decide whether NORVIR is appropriate for you.

- Do not take NORVIR if you have had a serious allergic reaction to NORVIR or any of its ingredients.
- Do not take NORVIR if you are taking certain medications. Taking certain drugs with NORVIR could create the potential for serious side effects that could be life threatening. You must tell your doctor about all the drugs you are taking or are planning to take before you take NORVIR. More information about drugs that interact with NORVIR can be found in the section “**Can I take NORVIR with other medicines?**”

Can I take NORVIR with other medications?*

NORVIR may interact with other drugs, including those you take without a prescription. You must tell your doctor about all the drugs you are taking or are planning to take before you take NORVIR.

- *You should not take the following drugs with NORVIR because serious or life-threatening problems such as irregular heartbeat, breathing difficulties or excessive sleepiness could occur:*

Cordarone® (amiodarone)
Ergotamine and dihydroergotamine such as Cafergot®,
Migranal®, D.H.E 45®, and others
Halcion® (triazolam)
Hismanal® (astemizole)
Orap® (pimozide)
Propulsid® (cisapride)
Quinidine, also known as Quinaglute®, Cardioquin®,
Quinidex®, and others
Rythmol® (propafenone)
Seldane® (terfenadine)
Tambocor® (flecainide)
Vascor® (bepidil)
Versed® (midazolam)

- Taking NORVIR with St. John's wort (*hypericum perforatum*), an herbal product sold as a dietary supplement or products containing St. John's wort is not recommended. Talk with your doctor if you are taking or are planning to take St. John's wort. Taking St. John's wort may decrease NORVIR levels and lead to increased viral load and possible resistance to NORVIR or cross-resistance to other antiretroviral drugs.

Drugs that require dosage adjustments:

It is possible that your doctor may need to increase or decrease the dose of other drugs when you are also taking NORVIR. Remember to tell your doctor all drugs you are taking or plan to take.

- The following drugs require dose reduction if taken with NORVIR:
Mycobutin® (rifabutin) Your doctor will lower your dose of Mycobutin
Viagra® (sildenafil)

Before you take Viagra with NORVIR, talk to your doctor about possible drug interactions and side effects. If you take Viagra and NORVIR together, you may be at risk of side effects of Viagra such as low blood pressure, visual changes, and penile erection lasting more than 4 hours. If an erection lasts longer than 4 hours, you should get medical help immediately to avoid permanent damage to your penis. Your doctor can explain these symptoms to you.

- If you are taking Oral contraceptives (“the pill”) to prevent pregnancy, your doctor should increase the dose or you should use a different type of contraception since NORVIR may reduce the effectiveness of oral contraceptives.

The following drug reduces blood levels of NORVIR:

Rifampin, also known as Rimactane®, Rifadin®, Rifater®, or Rifamate®

Be sure to tell your doctor if you are taking rifampin.

What side effects might I have while taking NORVIR?

- This list of side effects is **not** complete. Your doctor or pharmacist can discuss with you a more complete list of possible side effects with NORVIR. Talk to your doctor promptly about any side effects you have.
- The most commonly reported side effects are: feeling weak/tired, nausea, vomiting, diarrhea, loss of appetite, abdominal pain, changes in taste, tingling feeling or numbness in hands or feet or around the lips, headache, and dizziness.

- Abnormal liver function tests have been reported in patients taking NORVIR. Liver problems including rare cases of death have occurred in patients taking NORVIR. People with pre-existing liver disease may have worsening of liver disease. Some patients had other illnesses or were taking other drugs. It is uncertain if NORVIR caused these liver problems.
- Diabetes and high blood sugar (hyperglycemia) have occurred in patients taking protease inhibitors. Some patients had diabetes before starting protease inhibitors, others did not. Some patients required adjustments to their diabetes medication. Others needed new diabetes medication.
- Changes in body fat have been seen in some patients taking protease inhibitors. These changes may include increased amount of fat in the upper back and neck (“buffalo hump”), breast and abdomen. Loss of fat from the face, legs, and arms may also happen. The cause and long-term health effects of these conditions are not known at this time.
- Inflammation of their pancreas (pancreatitis), including some deaths, have occurred in some patients taking NORVIR.
- Some patients have had large increases in triglycerides and cholesterol. The long-term risks for complications such as heart attacks or stroke due to increases in triglycerides and cholesterol are not known at this time.
- Increased bleeding has been reported in some patients with hemophilia.
- Allergic reactions ranging from mild to severe have occurred in patients taking NORVIR.

There have been other side effects noted in patients receiving NORVIR; however, these side effects may have been due to other drugs that patients were taking or to the illness itself. If you have questions about side effects, ask your doctor, nurse, or pharmacist. You should report any new or persistent symptoms to your doctor immediately.

What should I tell my doctor before taking NORVIR?

- *If you are pregnant:* The effects of NORVIR on pregnant women or their unborn babies are not known. If you are pregnant or plan to become pregnant, you should tell your doctor before taking NORVIR.
- *If you are breast-feeding:* You should not breast-feed if you have HIV. If you are a woman who has or will have a baby, talk with your doctor about the best way to feed your baby. You should be aware that if your baby does not already have HIV, there is a chance that HIV can be transmitted through breast-feeding.
- *If you have liver disease:* If you have liver disease, you should tell your doctor before taking NORVIR.
- *Other medical problems:* Certain medical problems may affect the use of NORVIR. Some people taking protease inhibitors have developed new or more serious diabetes or high blood sugar. Some people with hemophilia have had increased bleeding. It is not known whether the protease inhibitors caused these problems. Be sure to tell your doctor if you have hemophilia types A and B, diabetes mellitus, or an increase in thirst and/or frequent urination.

How do I store NORVIR?

- Keep NORVIR and all other medicines out of the reach of children.
- Store NORVIR Oral Solution at room temperature. Do not refrigerate NORVIR Oral Solution. Avoid exposing NORVIR Oral Solution to excessive heat or cold.
- Refrigeration of NORVIR soft gelatin capsules by the patient is recommended, but not required if used within 30 days and stored below 77°F (25°C). Avoid exposing NORVIR soft gelatin capsules to excessive heat or cold.
- Store NORVIR soft gelatin capsules and NORVIR Oral Solution in the original container.
- Shake NORVIR Oral Solution well before each use.
- Use NORVIR Oral Solution by the expiration date on the bottle.

Do not keep medicine that is out of date or that you no longer need. Be sure that if you throw any medicine away, it is out of the reach of children.

Whom should I call if I have questions about NORVIR?

If you would like more information about NORVIR, ask your doctor or pharmacist. If you have any questions or concerns about taking NORVIR, talk with your doctor.

If you suspect that you took more than the prescribed dose of this medicine, contact your local poison control center or emergency room immediately.

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